

SEPTEMBER 2010

TANNING TUESDAYS 50% OFF

To maintain or attain a healthy, sun-kissed summer glow without harmful UV rays or nasty chemical self tanners, enjoy our organic sunless tanning (specially priced on Tuesdays only).

Organic Airbrush Tanning

95% certified organic ingredients
non-toxic & odorless
natural looking tan lasts 5-7 days

full body \$60 / on Tuesday \$30
full leg \$30 / on Tuesday \$15

FALL PROMOTIONS

Treat your post-summer skin to our **Succulent Skin Brightening Facial**. Lighten sun damaged skin, even out skin tone and heal scarring. Boost the lightening and tightening with Eminence's state of the art, non-invasive LED light therapy treatment to give your skin that healthy, radiant glow. (\$135/110 min)

Deeply hydrate and regenerate devitalized summer skin with our **Pumpkin Latte Hydration Facial**. Loaded with vitamins, beta carotene and antioxidants, this fresh pumpkin and soy facial will melt away fine lines and restore balance to element ravaged skin. (\$100/90 min).

Introduce your teen to healthy skin care with our **Back to School Teen Facial**. Includes a skin analysis, an organic deep cleaning facial, and guidance in establishing a simple yet effective beauty routine. Complete the treat with a complimentary organic makeup lesson. (\$85/90 min)

EASY GLAM

Enjoy a fun-filled evening of makeup. Our hands-on workshop will teach you proper makeup application techniques with the latest fall shades. Learn the secret to creating an effortless *smoky eye*. Each workshop is limited to 4 participants so reserve your spot today. Cost of workshop is \$50/person to be credited towards product purchase that evening. Workshop dates:

Tuesday, Oct 5th at 6pm
Confectionery (Glebe)

Wednesday, Oct 13th at 6 pm
Apothecary (Hintonburg)

NEW STAFF

We welcome **Roshelle** to the front desk of the Confectionery, and **Kelly** to the front desk in the Apothecary.

LETS TALK OIL

I must share with you my newest obsession: oil. I use it on my face daily and those of you who have dared to try it will agree. Having struggled with adult acne, I feared breaking out however "I am a believer" - for those who are unconvinced, read on...

Why use oil on your face?

- the smaller oil molecules penetrate into the skin better than creams do.
- skin likes oil because it resembles its cell structure.
- oils protect the skin from water loss and nourish it with nutrients like Vitamin E, essential fatty acids and gamma linoleic acid to help hydrate, firm, heal and boost elasticity.
- acne isn't caused by surface oil, but by skin and oil produced in the follicles becoming trapped.
- skin likes balance...over-washing with harsh soap for that tight, dry, "squeaky clean" feeling tells your skin to produce more oil.

Treat yourself to one of our oils: Kahina's **Argan Oil** (truly spectacular for all skin types), Kahina's **Serum** (blend of argan, carrot seed, seabuckthorn seed & coffee oils is my personal favorite - for dry, dehydrated skin.) Eminence's **Calendula Oil** (for dry, sensitive, dehydrated skin), **Yarrow Oil** (for sensitive, rosacea skin) or **Tomato Seed** (for mature, dehydrated, sun-damaged skin).

IN THE NEWS

Check out our feature in the Ottawa Citizen on July 31, 2010.

[Circle of History - Ottawa Citizen](#)

Visit **ORESTA organic skin care apothecary** - our stunning sister location located at 1121 Wellington Street West in Hintonburg. (613) 680 0415.

Crystal, our **brazilian waxing specialist** is booking appointments for Sunday, October 3rd from 9 am to 6 pm at the confectionery.

NEW PRODUCTS

Green Beaver Toothpaste is a flouride-free toothpaste made with plants and minerals with no artificial flavouring. It contains naturally occurring antibacterial agents, natural mineral whiteners and breath fresheners. Safe for children under six, the toothpaste is available in four wonderful flavours: Star Anise, Zesty Orange, Frosty Mint and Green Apple.



Mom-To-Be Survival Kit

The perfect baby shower gift! This kit contains five products that all expectant moms need: Hey, Mama! Foot & Bath Salts, Mandarin Stretch Mark Oil, Nipple Butter, Mama Mia! Massage Oil and Beautiful Belly Balm.



Hello, Baby!

Welcome the new addition with a selection of natural baby lotions and potions: Sweet Dreams Baby Body Wash, Luscious Bum Baby Lotion, Smooth as a Baby's Bum Balm, Sweet Cheeks Baby Bum Powder, Bottoms Up! Baby Bum Spray and an organic cotton washcloth wrapped in a Bummis Canada reusable Wet Bag.



NEW FALL HOURS

Confectionery Store Hours

Tuesday 10 am - 5 pm
Wednesday 11 am - 6 pm
Thursday 11 am - 6 pm
Friday 10 am - 6 pm
Saturday 10 am - 5 pm

Apothecary Store Hours

Tuesday 10 am - 5 pm
Wednesday 10 am - 5 pm
Thursday 11 am - 6 pm
Friday 10 am - 5 pm
Saturday 10 am - 5 pm

**spa hours differ from store hours
call stores for details**

We will be closed on Wednesday, September 22 for Eminence training.

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Thank you for choosing green!
Oresta, Laryssa, Lisa, Emily,
Roshelle and Kelly

oresta.ca