

MARCH 2011



Whether traveling south to the sun or enjoying the sun and snow, we need:

SUN PROTECTION

SPF refers to the product's ability to screen or block out UVB rays. Labeling can be very misleading. SPF 30 is not twice as effective as SPF 15. The key lies in REAPPLICATION. For sunscreen to be effective, it needs to be reapplied every 2 hours.

- SPF 8 = 87% protection
- SPF 15 = 93% protection
- SPF 30 = 97% protection
- SPF 60 = 98.6% protection

MINERAL SUN DEFENSE

Suitable for both men, women and even children, minerals perform well during swimming and exercise. The easy to use brush allows you to control the application of loose minerals from sheer to more opaque. Natural minerals, including zinc oxide, give your skin a weightless physical layer of non-chemical SPF 30 sun protection and imparts soothing anti-inflammatory properties that will not clog pores. Organic fruits and herbs give natural sources of color and the added vitamins and nutrition fight the signs of aging. Easy to apply and use anywhere.

FACE & BODY SUN CREAMS

With an SPF of 32, Tropical Vanilla Facial Sunscreen helps hydrate your skin before and after you've been exposed to the sun, increasing the moisture content in your skin by 250% over 7 days!

Tropical Vanilla Body Sunscreen is great for all ages and skin types. With key ingredients of Shea Butter, Zinc Oxide and Vanilla, this sunscreen is an excellent hydrator with calming, anti-inflammatory effects that also block UV rays.

As a light, summer moisturizer, the Tomato Sun Cream has an SPF of 16, and it works to keep the epidermis hydrated all day long while protecting the youth and elasticity of the skin. It filters out dangerous UVB waves and still allows vitamin D to be processed.

GOT TOO MUCH SUN?

After Sunny Spray is an easy to apply soothing cocktail for over exposed skin. Packed with Aloe Vera juice, this product helps protect against the drying effects of the sun. For an extra cooling experience, store in the fridge. Very easy to use and great for kids: simply spray and go.

GONE BUGGY?

Take a Hike! is a moisturizing outdoor bug repellent that contains 35% Aloe Vera juice. The signature blend of essential oils in a Witch Hazel base is pure and non-greasy, so it won't leave your skin feeling sticky and can be safely reapplied as needed.

TRAVEL PACKS

Kaia Facial Cleansing Cloths:

Made from sustainable bamboo, these 4-in-1 eye makeup remover, facial cleanser, toner and cloth wipes won't dry or irritate skin, leave no sticky residue & there is no need to rinse with water. The container snaps shut to keep the cloths fresh & ready for use, anywhere & anytime you need them. Perfect for traveling.

Kahina Travel Basics:

A transportable collection of the Kahina basics, great for travel in 30ml bottles: A fully balanced organic regimen for clean and healthy skin.

Eminence Wooden Tubes:

A variety pack that's just the right size for taking on your travels.

Eminence Spa Goodie Bags:

The perfect combination: a Pomegranate-Cranberry sugar scrub to remove all the dry skin before stepping onto the plane, and a travel-sized Naseberry body wash, lotion and loofah for when you get there.

Elemi Box Sets:

A great size for travelling, this set includes a body lotion, wash and soap in 4 scents: lavender, be rugged, be joyful and be happy.

MBeze Deoderettes:

Deodorant has never been so Chic! These fun and flaunty Deoderettes fit in any clutch, purse, bag, or even your pocket. With a cosmetic look versus a deodorant stick, you can freshen up in style whenever and wherever! Express yourself with one of these original scents and take it to go! Comes in 8 different scents.

"JUST GOT BACK" LOOK GLOW BALMS

The ultimate multi-tasker beauty balm! 100% natural and created with 85% certified organic ingredients, this beauty multi-tasker delivers an instant, natural healthy glow and radiance for the lips, cheeks, eyes, and décolletage. Perfectly portable for light travel and ideal for on the go, the easy-to-use, non-sticky formula provides skin care and color in one for a hydrating hint of tint.



ADD SOME COLOUR FOR SPRING!

Freshen up your toes and fingers with a wide range of colours in our 3 lines of polishes: **Cheeky Monkey**, **Sheswai** and **Priti**. These polishes are toluene, formaldehyde and DBP-free, are non-toxic

and 100% biodegradable. **Priti** also has a soy nail polish remover that works equally well on non-toxic polishes as it does other brands.

TANNING

Get that healthy, sunkissed look, without the harmful UV rays and chemicals. Our sunless tanning is odorless, all natural and has 95% certified organic ingredients.

50% Off Tanning Tuesdays

FULL BODY TAN

Regular \$60 - On Tuesdays \$30

FULL LEG TAN

Regular \$30 - On Tuesdays \$15

PRODUCT RETURN POLICY

Products may be exchanged within 15 days if unopened and in the original, undamaged packaging. We do not accept returns on opened products. However, please enjoy our store testers prior to making your purchase.

TESTIMONIAL PAGE

We would love to share your testimonial on our website, please email us at: info@oresta.ca

Crystal, our **brazilian waxing specialist** is accepting bookings for March 20, 2011

Our second location - **ORESTA organic skin care apothecary** is located at 1121 Wellington Street West in Hintonburg. (613) 680 0415.

Confectionery & Apothecary MARCH STORE HOURS

(spa appointment hours differ)

Tuesday 10 - 5
Wednesday 11 - 6
Thursday 11 - 6
Friday 10 - 5
Saturday 10 - 5

Shop online at oresta.ca We offer FREE SHIPPING on orders over \$100 (within Canada) & \$150 (to the US).

[Click to become a fan of ORESTA on](#)

facebook

Thank you for choosing ORESTA!

*Oresta, Lisa, Roshelle & Crystal
Laryssa, Emily & Kelly*