

December 2011



Client Shopping Day

The confectionery, apothecary and gallery are brimming with organic gift ideas for everyone on your holiday gift list (including yourself)!

10% off all products

Sunday, December 4th
noon-5 pm

GREAT GIFT IDEAS

Nostalgia Hand & Body Creme



We have loved their soaps and now we can enjoy their new hand & body cremes. Made with healing aloe vera juice and hydrating shea butter, the apothecary tubes are beautifully packaged with in playful vintage-inspired wrapping. The cremes all have corresponding soaps: the chocolate & wild peppermint **Mud Pie**, the fragrance-free calendula **Sunday School**, the lavender infused **Lavender Flowers** and the grapefruit & lemongrass **Happy Days**. \$15

WINTER Bath Salt and Bath Tea



WINTER bath salt

Cleanse, detoxify and heal your skin with ORESTA's pink himalayan winter bath salts. Soak in our custom blend of locally grown cedar, rose, peppermint, lavender, thyme & Pacific macro-kelp. Add 1 to 2 Tbsp of salt to a warm bath and enjoy. \$12

WINTER bath tea

On a cold winter's night, enjoy a soothing bath with ORESTA's custom blended bath tea made with locally grown organic rose, cedar, peppermint, lavender, thyme & Pacific macro-kelp. Add 1 Tbsp into reusable organic cotton bag and let your cares slip away. \$13

While quantities last, the bath salt and tea are available in a treeless, sustainable gift box which resembles a book. Made with fair labour from wild grass, it can be recycled as a gift box or trinket box. (\$5 with the bath tea & salt set).

Shave Pack for Men



Pamper your man organically with our *just for jack* Shave Pack to soothe, nourish and soften his skin during and post shaving. Replace his harsh & irritating chemical shave products with an organic lime & ginger shaving crème, after shave spritz, shaving Ouch! balm and a badger shave brush. \$60

Fetching Dog Shampoo Bar



The perfect gift for my new pooch Ben. *Skinny skinny's* shampoo bar made with organic aloe & glycerin is gentle, moisturizing and non-drying. Rosemary, a natural insect repellent also corrects a wide range of skin problems like dandruff and hot spots. Sweet orange is anti-inflammatory and antiseptic while ylang ylang soothes irritated skin.

Pomegranate Healing Salve

Arghand's lush creamy Pomegranate healing salve is loaded with pomegranate seed oil to help repair and restore chapped skin, Rich in anti-inflammatory omega 5 essential fatty acid and powerful antioxidant linolenic acid, the salve prevents premature aging, treats eczema and heals the skin while supporting the people of Afghanistan.

Arghand's Mountain Mint or Amandine salve are the perfect all purpose lip balm for your jacket pocket.

WINTER SKIN CARE TIPS

I love winter but not what it does to my skin. My rule of thumb is that when the furnace gets turned on for the season, my skin care routine changes.

1. It's time to up the hydration level in the skin and switch to a richer moisturizer to protect winter skin.
2. Add oil to to your skin care regime. Many of you are already oil converts but to those who are not, try Kahina's argan oil, Arghand's amandine, desert fields or anisette oil or Eminence's calendula, tomato seed or yarrow oil. This is my winter skin saver.
3. Add a masque to your skin care routine.

I know that it seems like an extra step that is far too much work but I apply my masque as a night cream and sleep with it on and remove it in the morning. Easy.

DECEMBER STORE HOURS

(spa appointment hours differ)

Tuesday 10 - 6

Wednesday 10 - 6

Thursday 10 - 6

Friday 10 - 6

Saturday 10 - 5

We will be open on Sundays from
noon- 5pm in December

We will close December 24th at 3 pm
and reopen on Friday, December 30th.

If you cannot make it to one of our stores, enjoy stress-free shopping online at oresta.ca

We offer FREE SHIPPING on orders over \$100 (Canada) & \$150 (the U.S.).

[CLICK to become a fan of ORESTA on](#)

facebook

We wish you the happiest of holidays and may the new year bring all the best. Thank you for your continued support!

Oresta, Krista, Roshelle, Lina & Katie
ORESTA in the Glebe 613 231 7022

Laryssa & Kelly
ORESTA in Hintonburg 613 680 0415

Jeffery & Charlotte
ORESTA on Beechwood 613 695 0137

oresta.ca

Artwork by Christopher Griffin
christophergriffin.ca